

Fall 9-20-2014

Friendship Invitational

Cedarville University

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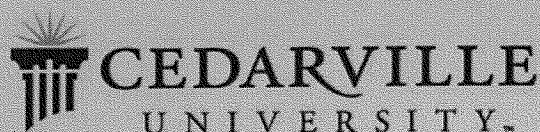
RACE DAY

Saturday, September 20, 2014
Elvin R. King Cross Country Course

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#CUJACKETS



September 20, 2014

Dear Cross Country Participant:

Welcome to Cedarville University and the 24th Annual Friendship Invitational at the Elvin R. King Cross Country Course. We at Cedarville are delighted to be the hosts for this wonderful event. Best wishes to each participating student-athlete as you participate in your respective races.

Again, we welcome each of you to Cedarville University, Greene County, and Southwestern Ohio. Have a *great* time of fellowship and competition!

Sincerely in Christ,

Thomas White
President

am

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A new era began in Cedarville University cross country with the opening of the Elvin R. King Cross Country Course. The venue was dedicated and named in honor of CU's Hall of Fame coach during Homecoming Weekend on Oct. 7, 2006.

Elvin King coached track and cross country at Cedarville University for 41 years before retiring following the 2009 fall season. He was especially known for the Lady Jacket cross country program which he started in 1979.

King guided Cedarville to the 2001 NAIA Women's Cross Country Championship which remains the school's only NAIA title in any sport. The Lady Jackets became the first NAIA school to claim the All-Ohio Cross Country Championship in 2008 and they totaled nine NCCAA banners to go along with 12 conference trophies.

The Elvin R. King Cross Country Course, located at the north end of the campus just east of State Route 72, was constructed on 150 acres of property and was designed and built under the direction of former athletic director Pete Reese and King. Athletes run entirely on a grass course that includes rolling hills.

This unique venue, which meets all of the NCAA requirements for a cross country course, hosted its first meet on Sept. 16, 2006 with the 16th Annual Cedarville Invitational. Nearly 1,000 runners participated in eight races and both Yellow Jacket teams won the first-ever college races on the course.

Cedarville continues to host the Friendship Invitational as well as the All-Ohio Cross Country Championship. Besides the high school and junior high competitions in the Friendship Invitational, the Ohio Heritage Conference has staged its championship meets on the course.

The primary cross country courses are the 5,000 meter layout (college women, high school boys & girls) and the 8,000 meter course (college men). There is also a 3,200-meter course for junior high competition as well as a 6K (NCAA women) and a 10K (NCAA

men). Ample parking is available on site for up to 500 vehicles just west of State Route 72 on campus grounds.

The Yellow Jackets called John Bryan State Park as its cross country home for the better part of four decades. The beautiful site served as host of the NCCAA Championships from 1978 through 1992 and again from 1995 through 2005. It also hosted the annual Cedarville Invitational, the NAIA District 22 Championship, the Mid-Ohio Conference Championship, the American Midwest Conference Championship, and a number of high school meets.



INSTRUCTIONS
24th ANNUAL CEDARVILLE UNIVERSITY
FRIENDSHIP INVITATIONAL

Saturday, September 20, 2014

RACE TIMES:	9:30 AM -	College Men's 8K
	10:15 AM -	College Women's 5K
	10:50 AM -	High School Boys 5K - Blue & Gold Division together
	11:30 AM -	High School Girls 5K - Blue & Gold Division together
	12:10 PM -	Jr. High Boys 2 mile
	12:40 PM -	Jr. High Girls 2 mile
	1:10 PM -	Open 1 mile fun run

1. Teams should be at the starting line 10 minutes prior to the start time.
2. Runners are responsible to make sure that they have their chips secured to the shoe.
3. Each team/athlete will be responsible to be in their starting box, wearing their chips at the start of the race. There will be no formal "last minute instructions" prior to the gun.
4. The announcer will announce the starting commands. The starting commands will be: "RUNNERS SET, AND THEN THE GUN". Athletes need to be at the starting box at designated race time.
5. **ATHLETES WILL NOT BE PERMITTED TO LEAVE THE CORRAL UNTIL THEY HAVE REMOVED THE CHIPS FROM THEIR SHOES, AND LEAVE THEM WITH THE DESIGNATED CHIP COLLECTOR AT THE DESIGNATED CORRAL EXITS.** There is a \$10 charge for any chip that is not returned.
6. Results will be posted on a result board between the concession stand and the finish line. Results will also be posted at www.yellowjackets.cedarville.edu by late Saturday afternoon.

** Each team has a designated starting box. If you have a large team, the athletes may line up behind other teams, or move to the far outside where there may be an open box/area.

AWARDS

There will be an awards ceremony for each race. The top 50 in each division will receive an award. If you miss the award ceremony, the athlete or coach may pick up the award following the ceremony for that division.

AWARDS TIME SCHEDULE:

College Men - 10:55 a.m.
College Women - 11:35 a.m.
High School Boys - 12:15 p.m.
High School Girls - 12:30 p.m.
Junior High Boys - 1:00 p.m.
Junior High Girls - 1:20 p.m.

	Team Starting Box #'s College/University
3	Open/Unattached runners
4	Miami University
5-7	University of Dayton
8-10	University of the Cumberlands
11-12	Cincinnati Christian University
13-14	Urbana University
15-17	Wright State University
18-20	Cedarville University
21-22	Ohio Valley University
23-25	Asbury University
26-28	University of Cincinnati
29-30	Central State University
31-32	Cleveland State University
33-34	Mount St. Joseph University
35-36	Open/Unattached runners

	Team Starting Box #'s High School Boys
1-3	Hilliard Darby
4	Twin Valley South
5	Team FCA
6-7	West Jessamin
8	Xenia Christian
9-10	Fairfield
11	Clinton Massie
12-13	Butler
14-15	Lakota West
16	Dayton Christian
17	Miami Valley Christian Academy
18-22	Mason
23	Cedarville
24	East Dayton Christian
25	Rock Hill
26	Middletown Christian
27-29	Lasalle
30-31	Wilmington
32-34	Kings
35-36	Teays Valley
37-38	Xenia
39-41	Wyoming
42	Celina
43	Ironton
44	Covington
45	Emmanuel Christian Academy
46-50	Beavercreek

**Team Starting Box #'s
High School Girls**

1-5	Mason
6	East Dayton Christian
7-8	Mount Notre Dame
9-10	Wyoming
11	Emmanuel Christian Academy
12-15	Beavercreek
16	Cedarville
17	Rock Hill
18	Team FCA
19	Clinton Massie
20	Ironton
21	Lakota West
22	Middletown Christian
23	Kings
24-25	Troy
26	Mars Hill Academy
27	Fairfield
28	Butler
29	Celina
30	Covington
31	Dayton Christian
32	Teays Valley
33-34	Xenia
35-36	West Jessamin
37-39	McCauley
40	Miami Valley Christian Academy
41-42	Wilmington
43-44	Xenia Christian
45-48	Liberty (Olentangy)
49	Twin Valley South

**Team Starting Box #'s
Junior High Boys & Girls**

1-3	Springboro
4	Cypress Christian School
5	Emmanuel Christian Academy
6	Rock Hill
7	Team FCA
8	Wilmington
9	Butler
10	Cedarville
11	Hilliard Heritage
12	Mars Hill Academy
13	Covington
14	Kings
15	Clinton Massie
16	Xenia Christian
17	Greenon
18	Middletown Christian
19	East Dayton Christian
20-21	Troy
22-25	Beavercreek
26-27	Twin Valley South
28	Miami Valley Christian Academy

Meet records Friendship Invitational on Elvin R. King Course

<u>Division</u>	<u>Athlete/School</u>	<u>Time</u>	<u>Date</u>
Univ./open women	Sarah Foster, Ohio State University	17:24	Sept. 19, 2009
Univ./open Men	Matt Brooker, Cedarville University	24:38.96	Sept. 15, 2012
Boys Blue	Isaiah Bragg, Emmanuel Christian	16:10	Sept. 19, 2009
Girls Blue	Ellie Adams, Summit Country Day	19:29.89	Sept. 21, 2013
JH Boys	Justin Prack, Northwestern MS	10:42.54	Sept. 15, 2012
JH Girls	Peyton Adkins, Gallia Academy	12:05.70	Sept. 15, 2007
Gold Boys	Andrew Goodwin, Celina	15:57	Sept.19, 2009
Gold Girls	Amanda Burger, Lakota West	18:04.59	Sept. 16, 2006

Elvin R. King Course Records

<u>Course</u>	<u>Athlete/School</u>	<u>Time</u>	<u>Date</u>
8k men	Chris Lemon, University of Dayton	24:11.8	Oct. 1, 2010
5k Univ. women	Rachel Patterson, Miami University	17:12.3	Oct. 1, 2010
6k Univ. women	Delainey Phelps, Ashland University	22:04.72	Oct. 4, 2013
5K HS Boys	Andrew Goodwin, Celina	15:57	Sept.19, 2009
5k HS Girls	Amanda Burger, Lakota West	18:04.59	Sept. 16, 2006
2 mile JH Boys	Justin Prack, Northwestern MS	10:42.54	Sept. 15, 2012
2 mile JH Girls	Peyton Adkins, Gallia Academy	12:05.7	Sept. 15, 2007

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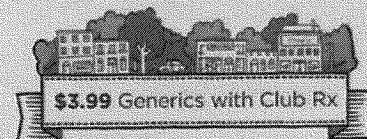
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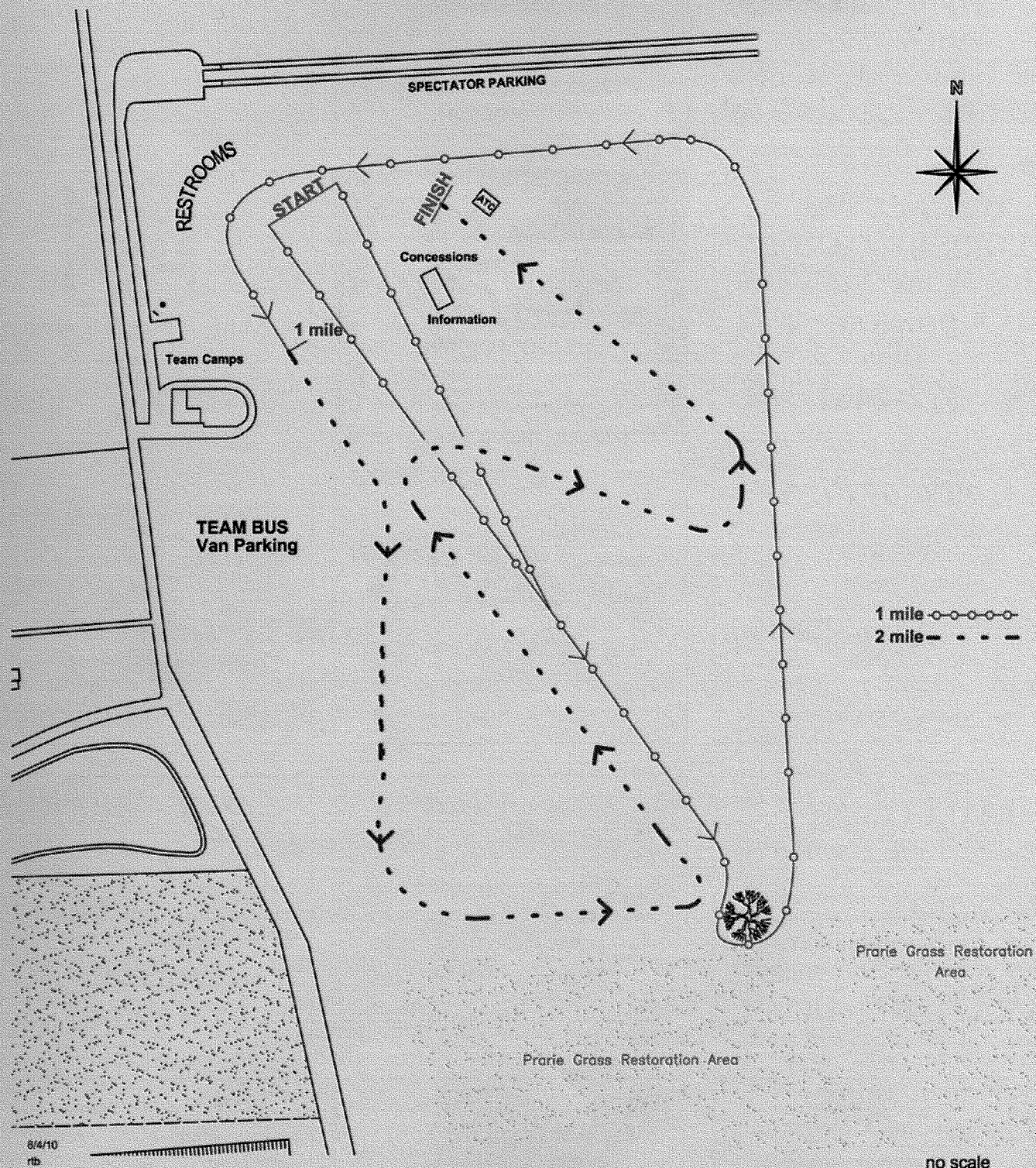
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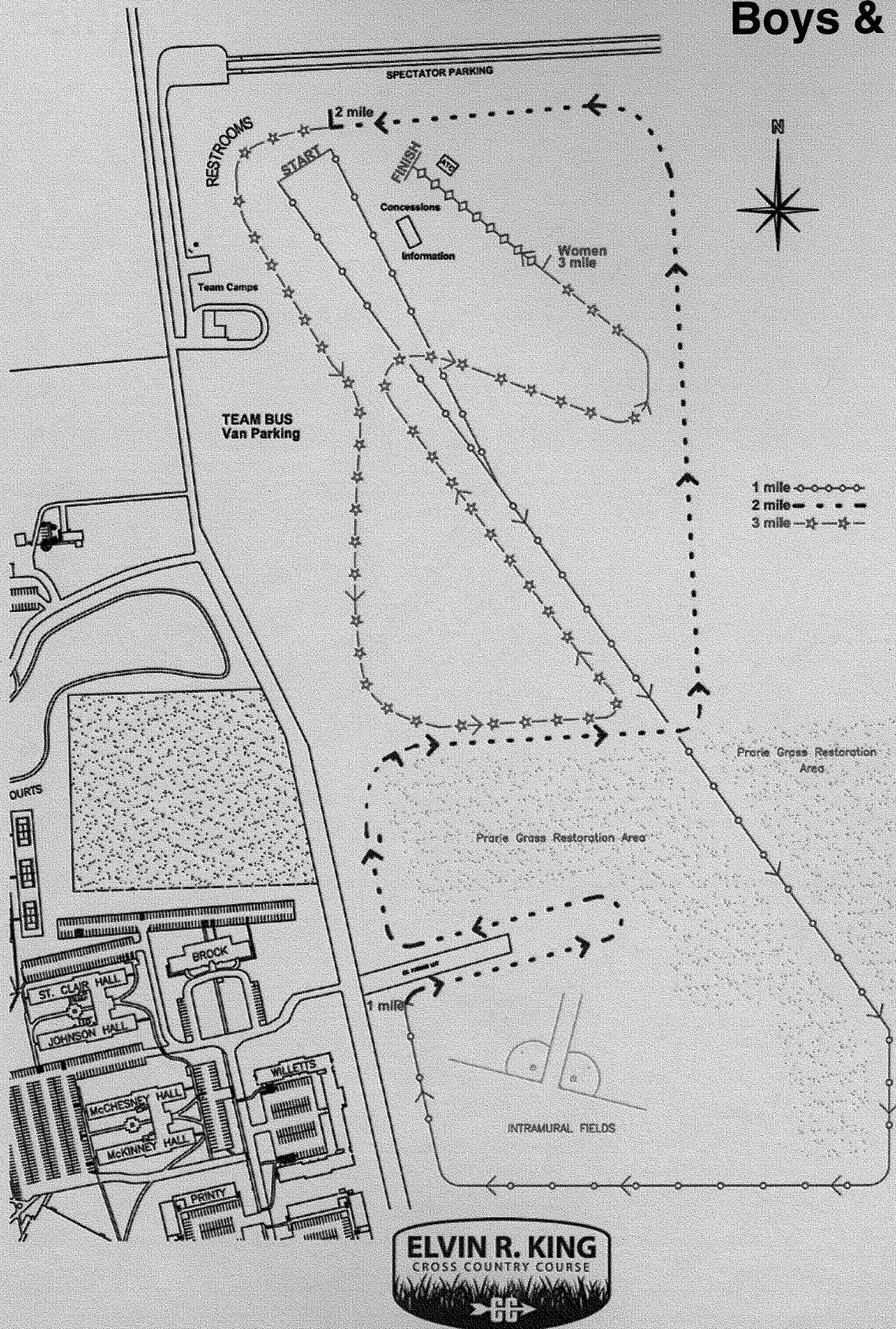
3200M Map Elvin R. King Cross Country Course

Jr. High Boys & Girls



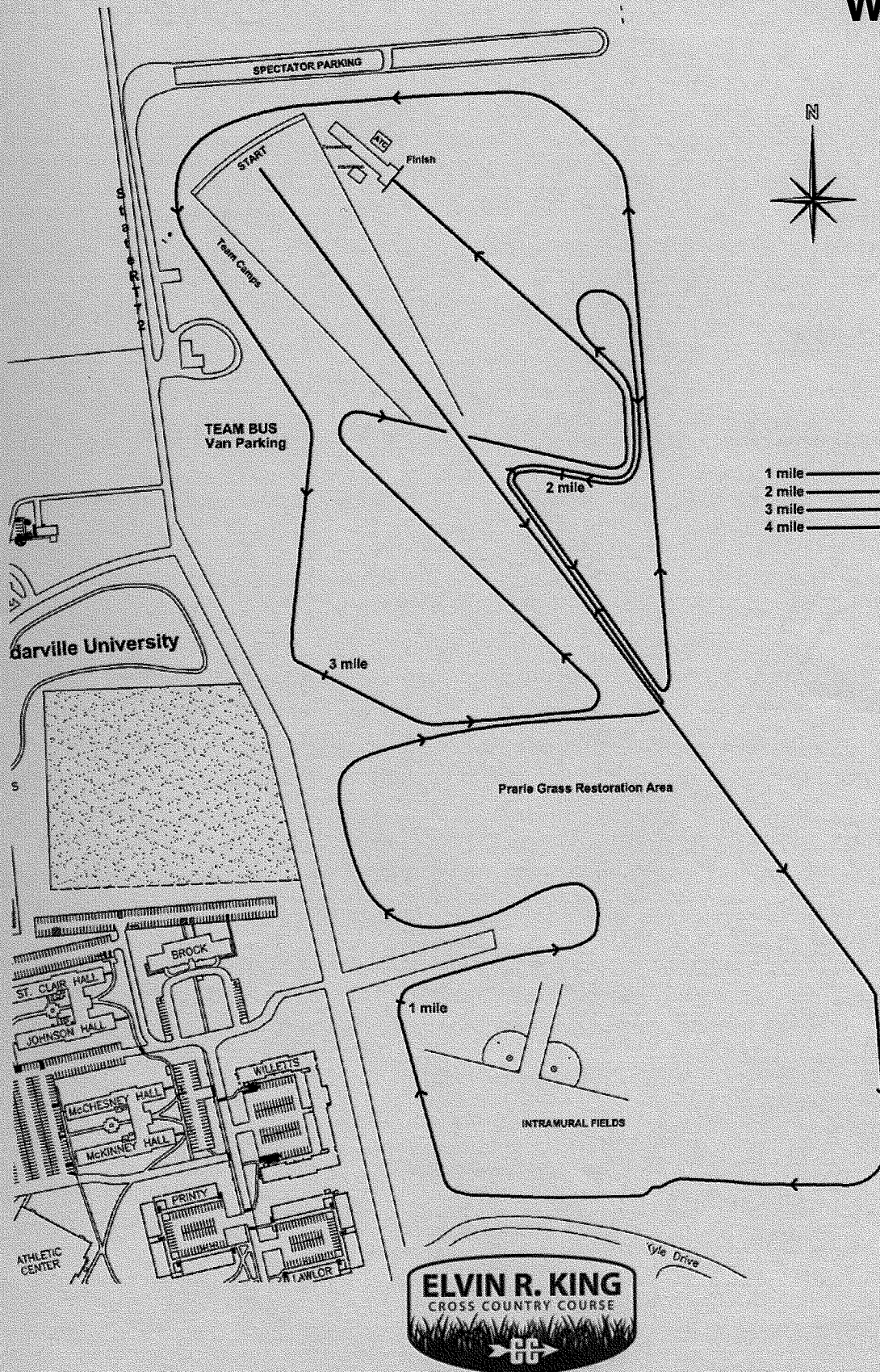
Elvin R. King Cross Country Course 5K route

High School Boys & Girls



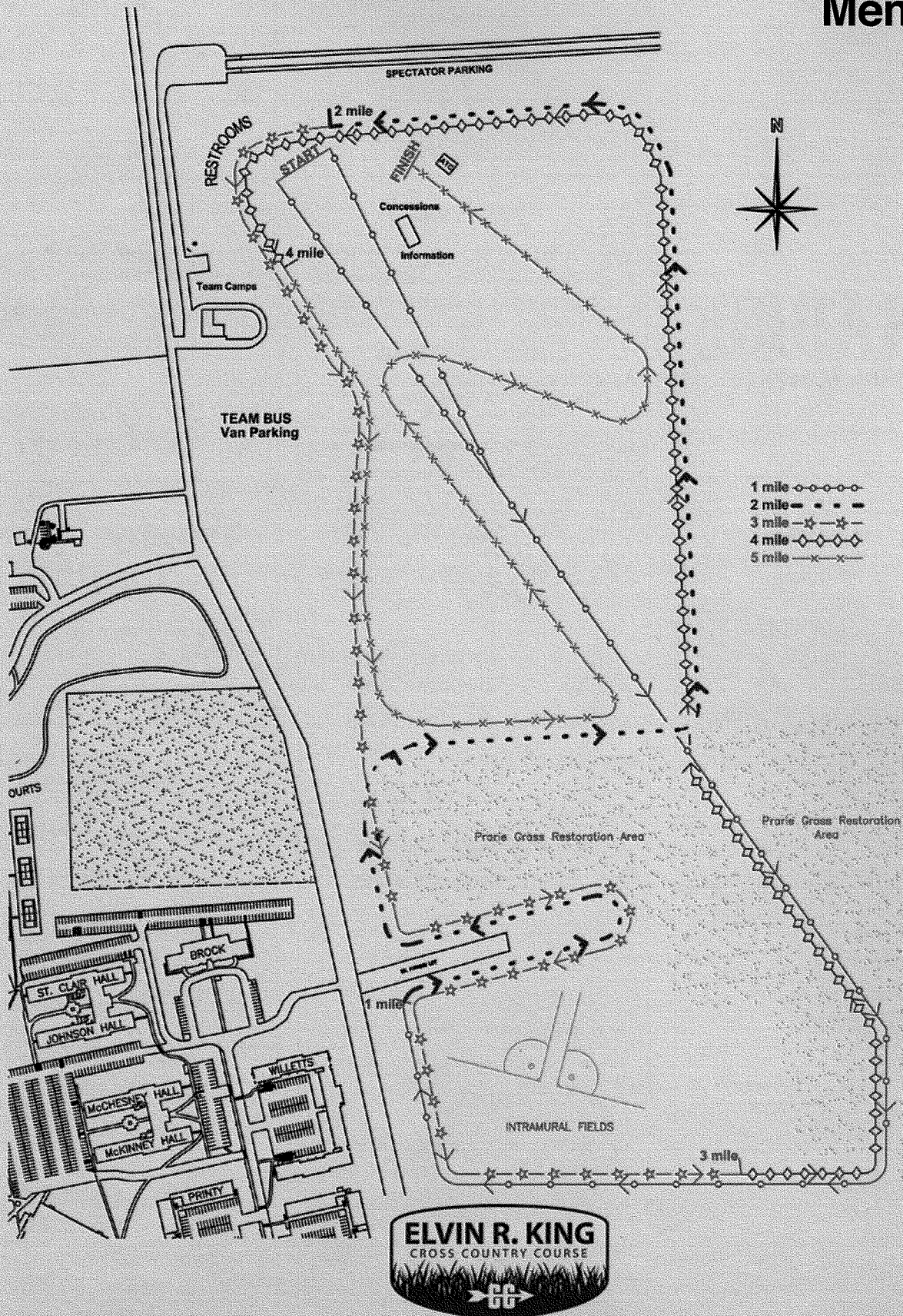
Elvin R. King Cross Country Course 6K route

College Women



Elvin R. King Cross Country Course 8K route

College Men





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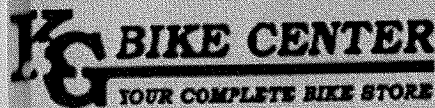
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Cedarville University Friendship Invitational

Women's Cross Country History

Year	Team Champion	Cedarville
1991	Cedarville	1st of 6
1992	Cedarville	1st of 4
1993	Cedarville	1st of 3
1994	Cedarville	1st of 6
1995	Cedarville	1st of 9
1996	Kenyon	4th of 9 (JV)
1997	Berry	2nd of 10
1998	Kenyon	2nd of 12
1999	Spring Arbor	3rd of 12
2000	Cedarville	1st of 12
2001	Cedarville	1st of 12
2002	Cedarville	1st of 6
2003	Cedarville	1st of 6
2004	Miami	3rd of 14
2005	Miami	3rd of 12
2006	Cedarville	1st of 15
2007	Miami	2nd of 19
2008	Shawnee State	10th of 18 (JV)
2009	Ashland	2nd of 16
2010	Cedarville	1st of 12
2011	Cedarville	1st of 7
2012	Cedarville	1st of 12
2013	Dayton	7th of 11

Cedarville University Friendship Invitational

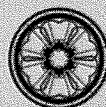
Men's Cross Country History

Year	Team Champion	Cedarville
1991	Indiana Wesleyan	2nd of 6
1992	Indiana Wesleyan	2nd of 3
1993	Indiana Wesleyan	2nd of 3
1994	Taylor	3rd of 10
1995	Taylor	2nd of 10
1996	Taylor	2nd of 10
1997	Cedarville	1st of 8
1998	Taylor	3rd of 12
1999	Taylor	4th of 14
2000	Kenyon	2nd of 13
2001	Kenyon	4th of 12
2002	Cedarville	1st of 8
2003	Wright State	3rd of 6
2004	Otterbein	3rd of 11
2005	Ohio State	4th of 9
2006	Cedarville	1st of 13
2007	Shawnee State	2nd of 19
2008	Cedarville	1st of 20
2009	Shawnee State	2nd of 17
2010	Cedarville	1st of 13
2011	Cedarville	1st of 6
2012	Cedarville	1st of 9
2013	Cedarville	1st of 11

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HISTORY OF FRIENDSHIP INVITATIONAL CROSS COUNTRY MEET

Hosted by Cedarville College/University
John Bryan State Park

SEPTEMBER 28, 1991

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Ryan Sommers/Indiana Wesleyan/25:00	Indiana Wesleyan/23
College W	Krista Pritchard/Cedarville/18:20	Cedarville/30
Girls Red	Marisa Tuzzi/Oakwood/20:02	Holgate/27
Girls Blue	Gretchen Weiher/Toledo Ctrl Cath/19:15	Toledo Ctrl Cath/15
Boys Red	Tyler Small/Arcanum-Butler/15:59	Arcanum-Butler/34
Boys White	John Schmidt/Oakwood/16:53	Sidney Lehman/35
Boys Blue	Ryan Williams/Toledo Ctrl Cath/16:12	Toledo Ctrl Cath/17

SEPTEMBER 26, 1992

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Peter Casaletto/Cedarville/25:42	Indiana Wesleyan/24
College W	Krista Pritchard/Cedarville/18:38	Cedarville/25
Girls Red	Natalie Riepenhoff/Green/20:07	Minster/21
Girls White	Amy Meyers/Blanchester/20:06	New Richmond/46
Girls Blue	Nicki Kedler/Kettering Fairmont/ 20:02	Colerain/31
Boys Red	Shane Homan/New Bremen/17:06	Cedarville/50
Boys White	Lenny Durrrough/Badin/16:21	Badin/39
Boys Blue	Jason Hussel/Colerain/16:00	Fairmont/37
Jr High Boys	Joey Coles/Studebaker/11:25	Studebaker/49
Jr High Girls	Joslyn Pfau/Holgate/12:40	New Bremen/40

SEPTEMBER 25, 1993

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Peter Simons/Cedarville/26:03	Indiana Wesleyan/27
College W	Michelle Burson/Cedarville/18:20	Cedarville/16
Girls Red	Joslyn Pfau/Holgate/20:29	Minster/32
Girls White	Amy Meyers/Blanchester/20:20	Milan (MI)/24
Girls Blue	Nicki Kedler/Kettering Fairmont/ 20:22	Troy/24
Boys Red	Steve McGillivray/Cedarville/16:27	New Bremen/66
Boys White	Bart Browning/Blanchester/16:30	New Richmond/34
Boys Blue	Jeff Jones/Kettering Fairmont/16:27	Fairmont/21
Jr High Boys	Josh Ordway/Holgate/11:14	Mason/39
Jr High Girls	Anna Schwieterman/New Bremen/12:25	Minster/34

SEPTEMBER 24, 1994

Division	Individual Winner/School/Time	Team Winner/Pts
College M	James Njoroge/Taylor/24:34	Taylor/35
College W	Michelle Burson/Cedarville/18:49	Cedarville/18
Girls Blue	Joslyn Pfau/Holgate/20:07	Minster/58
Girls Gold	Beth Froelke/Badin/19:50	Milan (MI)/42
Boys Blue	Luke Siefker/Columbus Grove/16:19	Columbus Grove/39
Boys Gold	Brandon Jones/West Carrollton/16:27	West Carrollton/46
Jr High Boys	Josh Ordway/Holgate/10:30	Anna/78
Jr High Girls	Jennifer Ordway/Holgate/12:41	Minster/52

SEPTEMBER 23, 1995

Division	Individual Winner/School/Time	Team Winner/Pts
College M	James Njoroge/Taylor/24:52	Taylor/25
College W	Becky Jordan/Cedarville/18:37	Cedarville/23
Girls Blue	Joslyn Pfau/Holgate/19:35	Botkins/64
Girls Gold	Nikki Kedler/Fairmont/19:47	Lancaster/57
Boys Blue	Luke Siefker/Columbus Grove/16:32	Columbus Grove/44
Boys Gold	Chris Snyder/Badin/16:02	Anna/45
Jr High Boys	Nathan Hadlock/Troy/11:40	Troy/81
Jr High Girls	Jennifer Ordway/Holgate/12:45	Ankeney/50

SEPTEMBER 21, 1996

Division	Individual Winner/School/Time	Team Winner/Pts
College M	James Njoroge/Taylor/24:42	Taylor/34
College W	Ann Marie Hynes/Rio Grande/18:00	Kenyon/37
Girls Blue	Amanda Blackwelder/Madeira/18:51	Madeira/48
Girls Gold	Nadine Weber/Whetstone/19:48	Troy/90
Boys Blue	Brad Koverman/Anna/15:58	Columbus Grove/52

Boys Gold	Chris Camfield/Fairborn/16:09	Princeton/37
Jr High Boys	Kyle Hinkelman/Troy/11:16	Anna/58
Jr High Girls	Amy Morrissey/Fairmont/12:56	Minster/58

SEPTEMBER 27, 1997

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Peter Casaletto/Unattached/25:36	Cedarville/25
College W	Susan Wells/Berry/17:50	Berry/22
Girls Blue	Missy Titus/Botkins/19:52	Minster/28
Girls Gold	Sally Smallenbarger/Troy/19:57	Troy/51
Boys Blue	Philip Slonkosky/Minster/16:08	Columbus Grove/49
Boys Gold	Jason Porter/Princeton/16:36	Troy/50
Jr High Boys	Kyle Hinkelman/Troy/11:01	Troy/21
Jr High Girls	Katie Kiesel/Troy/12:48	Minster/31

SEPTEMBER 26, 1998

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Gabriel Rod/Taylor/24:57	Taylor/38
College W	Trisha Ratliff/Unattached/18:38	Kenyon/54
Girls Blue	Shara Ridenour/Columbus Grove/20:15	Minster/29
Girls Gold	Lena Melback/Princeton/20:18	Princeton/53
Boys Blue	Philip Slonkosky/Minster/16:25	Minster/32
Boys Gold	Geoff Stover/Princeton/16:54	Mason/45
Jr High Boys	Jeff Meyer/Minster/11:27	New Richmond/92
Jr High Girls	Brittany Winner/Minster/12:37	Minster/16

SEPTEMBER 25, 1999

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Gabriel Rop/Taylor/25:01	Taylor/25
College W	Natalie Kendall/Spring Arbor/18:20	Spring Arbor/51
Girls Blue	Jennifer McKellar/Xenia Christian/20:22	West Liberty/30
Girls Gold	Anna Sofranko/Walnut Hills/20:05	Troy/46
Boys Blue	Paul Daugherty/Bellbrook/16:44	Columb Grove/33
Boys Gold	Kyle Hinkelman/Troy/16:36	Troy/32
Jr High Boys	Gerrod Bede/Bellbrook/11:47	Bellbrook/56
Jr High Girls	Nicky Fey/Blanchester/13:11	Mason/54

SEPTEMBER 23, 2000

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Daniel Njenga/Grace/25:43	Kenyon/63
College W	Candace Nicholson/Findlay/19:08	Cedarville/42
Girls Blue	Jennifer McKellar/Xenia Christian/19:07	Covington/72
Girls Gold	Kris Roth/Celina/19:36	Celina/49
Boys Blue	Chad Irwin/Columbus Grove/17:22	Columbus Grove/55
Boys Gold	Michael Olson/Lebanon/16:59	Princeton/47
Jr High Boys	John Wolsin/Indian Hill/11:36	Mason/50
Jr High Girls	Alyssa Zimmerman/Troy/13:01	Mason/43

SEPTEMBER 22, 2001

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Ben Hudebrand/Kenyon/25:45	Kenyon/44
College W	Jessica Kuhr/Wright State/17:52	Cedarville/33
Girls Blue	Jennifer McKellar/Xenia Christian/18:52	West Liberty-Salem/70
Girls Gold	Kris Roth/Celina/18:42	Troy/46
Boys Blue	Micah Harding/Cedarville/16:35	Columbus Grove/42
Boys Gold	Eric Zimmerman/Princeton/17:00	Princeton/35
Jr High Boys	Jason Ordway/Holgate/11:12	Mason/55
Jr High Girls	Cassandra Drennen/Bellbrook/13:29	Anna/59

SEPTEMBER 14, 2002 (Course modified 2002)

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Sergio Reyes/Cedarville/25:46	Cedarville/54
College W	Erin Nehus/Cedarville/18:28	Cedarville/24
Girls Blue	Sara Wiseman/Gallia Academy/18:43	Gallia Adacemy/41
Girls Gold	Katie Kiesel/Troy/20:30	Wayne/45
Boys Blue	Jason Ordway/Holgate/16:59	Bellbrook/67
Boys Gold	Mike Murphy/Wayne/16:49	Wayne/32
Jr High Boys	Matt Wagner/Ferguson/11:18	Troy/45
Jr High Girls	Megan Lesnoski/Ferguson/13:49	Troy/46

SEPTEMBER 20, 2003

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Dan Campbell/Cedarville/25:24	Wright State/35
College W	Sarah Mark/Cedarville/18:23	Cedarville/299
Girls Blue	Juli Hoekzema/Badin/19:26	Pleasant/49
Girls Gold	Jessica Reyes/Walnut Hills/19:37	Lancaster/25
Boys Blue	Nate Schumacher/Columbus Grove/16:48	Columbus Grove/35
Boys Gold	Levi Fox/Troy/16:09	Lancaster/62
Jr High Boys	Brendan Corcoran/Walnut Hills/11:44	Wilmington/58
Jr High Girls	Chelsea Leavelle/Troy/13:16	Troy/41

SEPTEMBER 18, 2004

Division	Individual Winner/School/Time	Team Winner/Pts
College M	Mike Sawicki/Otterbein/25:05.23	Otterbein/56
College W	Jennie Stoll/ Miami/ 17:53.96	Miami/28
Girls Blue	Stacy Goode/ Little Miami/ 19:40.67	Penns Valley/44
Girls Gold	Sarah Matthews/ Xenia/ 20:27.86	McCauley/66
Boys Blue	Josh Laughlin/ Bellbrook/ 16:09.37	Penns Valley/57
Boys Gold	Taylor Candella/ Lakota West/ 16:25.80	Lakota West/39
Jr High Boys	Gabe Weiss/ Carroll/ 11:48.09	Troy/65
Jr High Girls	Hali Hodge/Wilmington/ 13:09.97	Troy/63

2006 was 1st year on Elvin R. King Course**SEPTEMBER 16, 2006**

Division	Individual winner/school/time	Team winner/pts
College W	Nicole Degner, Berry College/18:23.86	Cedarville/33
College M	David Kawa, Berry College/24:50.56	Cedarville/39
Boys blue	Dane Harding, Cedarville HS/16:51.72	Cinc. Christian/68
Girls blue	Angela Klimkowski, Milton Union/20:04.69	Milton Union/22
Jr. High boys	Austin Gregory, Centerville/11:37.09	Centerville/31
Jr. High girls	Dominique Gerard, Ankeney MS/12:12.14	Milton Union/48
Gold Boys	Alex Moore, Groveport Madison/16:56.01	Reynoldsburg/38
Gold Girls	Amanda Burger, Lakota West/18:04.59	Lakota West/31

SEPTEMBER 17, 2007

Division	Individual winner/school/time	Team winner/pts
College W	Miesha Marzell, Unatt/17:52.80	Miami Univ./24
College M	Keegan Rathkamp, Shawnee State/25:34.84	Shawnee St./41
Boys blue	Colin Cotton, Summitt Country Day/16:25.60	Northeastern/72
Girls blue	Angela Klimkowski, Milton Union/19:55.86	Milton Union/19
Jr. High boys	Tanner Mattie, Fairland/11:20.42	Fairland/75
Jr. High girls	Peyton Adkins, Gallia Academy/12:05.70	Bellbrook/58
Gold Boys	Ben Jones, Northwestern/16:14.33	Northwestern/29
Gold Girls	Lauren Adkins, Gallia Academy/18:52.14	Northwestern/31

SEPTEMBER 20, 2008

Division	Individual winner/school/time	Team winner/pts
College W	Lisa Davies, Shawnee State/18:26.4	Shawnee State/44
College M	Keegan Rathkamp, Shawnee State/25:27.9	Cedarville Univ./33
Boys Blue	Colin Cotton, Summitt Count. Day/16:15.7	London HS/88
Girls Blue	Emily Skidmore, Alexander/20:07.1	Milton Union/24
Jr. High Boys	Jeff Cook, Blanchester/11:43.1	Hillsboro/59
Jr. High Girls	Bethany Norman, Xenia Christian/13:12.7	Xenia Christian/30
Gold Boys	Andrew Goodwin, Celina/16:13.2	Elder/52
Gold Girls	Samantha Burger, Lakota West/19:25.3	Colerain/33

SEPTEMBER 19, 2009

Division	Individual winner/school/time	Team winner/pts
College W	Sarah Foster, Ohio State Univ./17:24	Ashland Univ./39
College M	Brandon Bauer, Col. running co./25:15	Shawnee State/29
Boys Blue	Isaiah Bragg, Emmanuel Christian/16:10	Milton Union/36
Girls Blue	Nicole Klimkowski, Milton Union/20:01	Milton Union/32
Jr. High Boys	Roman Fatica, Hillsboro MS/11:18	Springboro/52
Jr. High Girls	Kim Streetz, Springboro JH/12:40	Springboro/28
Boys Gold	Andy Goodwin, Celina/15:57	Hillsboro/42
Girls Gold	Christine Moon, Western Brown/19:49	Centerville/39

SEPTEMBER 18, 2010

Division	Individual winner/school/time	Team winner/pts
College W	Kelsey Devereaux, Indiana Wes./18:38.59	Cedarville/60
College M	Dee Salukombo, Denison Univ./ 25:21.57	Cedarville/62
Boys Blue	Colin Cotton, Summitt Country Day/16:52.70	Summit Cty. Day/42
Girls Blue	Sarra Taylor, London/20:11.95	Summit Cty. Day/40
Jr. High Boys	Fielding Lewis, Yellow Springs/11:29.98	Ferguson/42
Jr. High Girls	Keaton Case, Springboro/12:42.46	Springboro/24

Girls Gold	Hannah Fleck, Celina/20:34.35	Celina/25
Boys Gold	Rob King, Miami Trace/17:00.18	Beavercreek/33

SEPTEMBER 17, 2011

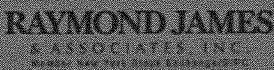
Division	Individual winner/school/time	Team winner/pts
College W	Hannah Lamos, Cedarville/18:44.17	Cedarville/57
College M	Jason Bruns, Wright State/25:45.68	Cedarville/38
Boys Blue	Kevin Stewart, Emmanuel Chr./16:41.54	Summit Cty. Day/41
Girls Blue	Morgan Townsend, Northwestern/20:44.54	Northwestern/27
Jr. High Boys	Ben Ewert, Ferguson/11:33.79	Northwestern/49
Jr. High Girls	Kendra Moran, Ferguson/13:24.86	Ferguson/37
Girls Gold	Hannah Fleck, Celina/19:11.75	Hilliard Bradley/36
Boys Gold	Drew Lowery, Hilliard Darby/16:46.10	Hilliard Darby/35

SEPTEMBER 15, 2012

Division	Individual winner/school/time	Team winner/pts
College W	Alexandra Archambault, Cedarville/18:11.41	Cedarville/47
College M	Matt Brooker, Cedarville/24:38.96	Cedarville/20
Boys Blue	Micah Bragg, Emmanuel Chr./16:44.72	Summit Cty. Day/32
Girls Blue	Carley Shell, Covington/19:54.72	Northwestern/48
Jr. High Boys	Justin Prack, Northwestern/10:42.54	Springboro/44
Jr. High Girls	Laura Vilardo, Miami Valley CA/12:55.62	Bellbrook/51
Boys Gold	Steve Sartoris, West Carrollton/16:14.86	Mason/50
Girls Gold	Lauren Wood, Mason/18:46.18	Mason/16


SEPTEMBER 21, 2013

Division	Individual winner/school/time	Team winner/pts
College W	Lizzie Gleason, Dayton/22:15.57	Dayton/16
College M	Matt Brooker, Cedarville/24:57.74	Cedarville/19
Boys Blue	Ben Stites, Wyoming/16:42.12	Summit Country Day/47
Girls Blue	Ellie Adams, Summit Country Day/19:29.89	Summit Country Day/21
Jr. High Boys	Nicholas Harville, Springboro/11:52.49	Springboro/23
Jr. High Girls	Laura Vilardo, Miami Valley/12:44.15	Springboro/16
Boys Gold	Daniel Reynolds, Hilliard Darby/16:37.18	Hilliard Darby/29
Girls Gold	Kenzie Pfeifer, McAuley/20:24.54	McAuley/17



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Pictured from left to right:
Ryan Chamberlain, AT, Mike O'Brien, AT
Austin Scantlin, AT, Aaron Balle, AT, CSCS
Michael Wilkes, MS, PT

Your Ohio Valley Team of Professionals:

Medical Director: Ian Thompson, M.D., M.S., E.A.A.O.S.

Director of Sports Medicine: Michael Wilkes, MS, AT

Aaron Barr, AT, CSCS; Ryan Chamberlain, AT;

Shila O'Brien, AT; Justin Scantlin, AT;

Nashir Deboe, MD; John Dolson, MD;

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Lance Tigyer, DO; Kevin Zarman, MD; Philip Cain, DPM;

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